

# ***Beginning Horsemanship***

## ***ADSC 2500L Fall 2009***

### **Instructor:**

Dr. Kylee Jo Duberstein  
210 Animal and Dairy Science Bldg  
Phone: 706-542-7032  
Email: [kyleejo@uga.edu](mailto:kyleejo@uga.edu)

### **Course Objectives:**

The purpose of this course is to teach fundamental horse safety and horsemanship, including handling, grooming, equipping, and riding western or huntseat horses. This course is designed for those seeking employment requiring basic knowledge on horse handling and riding as well as for novice horse owners.

### **Schedule:**

There are two sections of this class, one meeting on Monday and Wednesday from 2:30 to 4:25, and one meeting on Tuesday and Thursday from 2:00 to 3:55. Both sections will meet at the Animal Science Instructional Arena at 2400 South Milledge Avenue.

### ***Tentative Time Schedule and Handouts***

#### **Week 1: Aug. 17-21**

Overview of syllabus, questionnaires and waivers; horse safety, catching, haltering, tying, leading, hoof handling, grooming

*Handouts for Week 1: "Horse Behavior and Senses: Vision, Touch, Hearing & Social Behavior", "Horse Grooming", "Common Foot Problems and Solutions"*

#### **Week 2: Aug 24-28**

Bathing and lunging

*Handouts for Week 2: "Round Pen Training"*

#### **Week 3: Aug. 31-Sept. 4**

Introduction to tack and equipment, saddling, lunging under saddle, Mounting, adjusting stirrups, simple riding principles (walk, stop, turn), intro to riding position on lungeline.

*Handouts for Week 3: "A Basic Introduction to Riding Tack and Equipment", "Saddle Fit for the Horse and Rider", "Advanced Placement", "Bits 101"*

#### **Week 4: Sept. 7-11**

M/W class—Holiday on Sept. 7; T/H class—stall and tack cleaning on Sept. 8  
Sept. 9/10: Position exercises on lunge line; learning posting trot and two point,

*Handouts for Week 4: “Ride With Reason”, “Horse Gaits”, “Pretend You Are a Horse”, “The Four Basics”, “Centered Riding” page  
(For T/H section: “Tack Care”, “Cleaning Your Horse’s Stall”—this information will not be on midterm but will be on final)*

**Week 5: Sept. 14-18**

Continue position exercises on lunge line, incorporate reins, some no-stirrups work

*Handouts for Week 5: “Sitting Trot”, “Rising Trot”, “Learning From Lynn: A Proper Seat”*

**Week 6: Sept. 21-25**

*Sept. 21/22—Video analysis*

Continue work on lunge line—no stirrups

**Week 7: Sept. 28-Oct. 2**

**Midterm Exam---Sept. 30/Oct. 1;** continue work on lunge line—no stirrups

*Handouts for Week 7: “BAR: Sit Without Stirrups on the Rail and on the Longe Line”, “No Stirrups = Stronger Legs”*

**Week 8: Oct. 5-9**

Walking and trotting off lunge line; incorporating rein aids, controlling speed, drill team work, pattern work

*Handouts for Week 8: “Hands”, “Slight of Hand”*

**Week 9: Oct. 12-16**

Effective riding: games at walk and trot

*Handouts for Week 9: “Transitions”*

**Week 10: Oct. 19-23**

Video analysis—Oct. 19/20, pattern work

**Week 11: Oct. 26-30**

Learning to canter—lunge line

*Handouts for Week 11: “The Canter”*

**Week 12: Nov. 2-6**

Practicing the canter—lunge line (with and without stirrups)

*Handouts for Week 12: “Forces of Energy”*

**Week 13: Nov. 9-13**

Begin cantering off lunge line—half arena, importance of transitions

**Week 14: Nov. 16-20**

Video analysis—Nov. 16/17; continue practicing canter

**Week 15: Nov. 23-27**

Thanksgiving Holidays!

**Week 16: Nov. 30-Dec. 4**

Patterns at walk, trot, canter; final video analysis if time

**Monday December 7**

M/W section—tack cleaning and stall cleaning

*Handouts: “Tack Care”, “Cleaning Your Horse’s Stall”*

**Final Exam:**

*M/W Section:* Thurs., Dec. 10; 3:30 - 6:30 pm

*T/H Section:* Fri., Dec. 11; 3:30 - 6:30 pm

**Grading:**

Participation and progress	30%*
Midterm Exam	20%
Final exam	20%
Semester project	30%

\* will be determined by a % of days in class (i.e. no absences = 100%); unexcused absences will not count against your grade; lateness or non-participation will count as an absence for the day; graded patterns may be used as participation at the discretion of the instructor. More than 5 absences, excused or unexcused, may result in a failing grade.

**Semester Project:** At certain points during the semester, we will watch videos of ourselves riding in class. Your assignment each time is to critically evaluate your riding skills. You will turn in a written report the next class period summarizing your strengths, weaknesses, and ideas of what you will do to improve both your riding and the riding of

the class in general. This exercise is designed to allow you to visually evaluate yourself and the class. Take it seriously—this is worth 30% of your grade!!!!

**Grading Scale:**

A	≥93
A-	90.00-92.99
B+	87.00-89.99
B	83.00-86.99
B-	80.00-82.99
C+	77.00-79.99
C	73.00-76.99
C-	70.00-72.99
D+	67.00-69.99
D	63.00-66.99
D-	60.00-62.99
F	≤60

**Academic Honesty:** All students are expected to maintain the highest standard of integrity. The University of Georgia does not tolerate any form of academic dishonesty. To review the University policy regarding academic dishonesty, please visit [www.uga.edu/ovpi](http://www.uga.edu/ovpi).

**WARNING: Under Georgia Law, an equine activity sponsor or equine professional is not liable for an injury to or the death of a participant in equine activities resulting from the inherent risks of equine activities, pursuant to Chapter 12 of Title 4 of the Official Code of Georgia Annotated.**